

In addition, you will receive training and extra supervision and will be expected to follow a workshop manual.

**Training.** If you are chosen as a study therapist, you will participate in a series of training sessions in the Job Seekers Workshop intervention.

**Treatment Manual Adherence.** In many community clinics, therapists can use whatever techniques seem to work with their patients. In this study you must deliver the workshops according to the techniques you learned in training and the guidelines outlined in the manuals.

**Supervision/Monitoring.** During the study, you will receive regular supervision (typically weekly) that will include review of randomly selected audiotaped sessions. Supervisors will meet with you to address any deviations from the manual.

## What should therapists tell clients about the Clinical Trials Network and the “Job Seekers Study?”

Therapists will receive training in how to talk with clients about the research project. The following materials can also help you answer questions about the study:

- \* The CTN brochure for potential participants in this study;
- \* The *Informed Consent Form* that is used to help clients decide whether or not to participate; and
- \* *What Are Clinical Trials?* — a CTN brochure that summarizes the benefits of being part of a research study.

If you ever find yourself unable to answer a question about the research, consult your supervisor, research assistant, Node Coordinator, or the lead investigator for more information.

### For more information

For more information on the National Drug Abuse Treatment Clinical Trials Network, visit the NIDA website at [www.drugabuse.gov](http://www.drugabuse.gov).

For information on other clinical trials, the National Institutes of Health (NIH) has created a website to help patients, family members, and the general public obtain information about government-sponsored clinical trials. You may log on to [www.Clinicaltrials.gov](http://www.Clinicaltrials.gov) to learn about ongoing or new trials for all types of health-related conditions. The descriptions for individual trials include eligibility criteria, purpose of the trial, location, and how to apply if interested. The website is maintained and updated regularly by the National Library of Medicine.

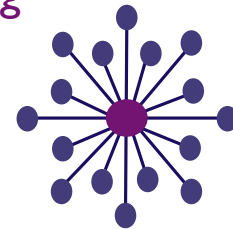
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## Clinical Trials Network

Job Seekers' Training  
for Patients with  
Drug Dependence:  
A Research Study

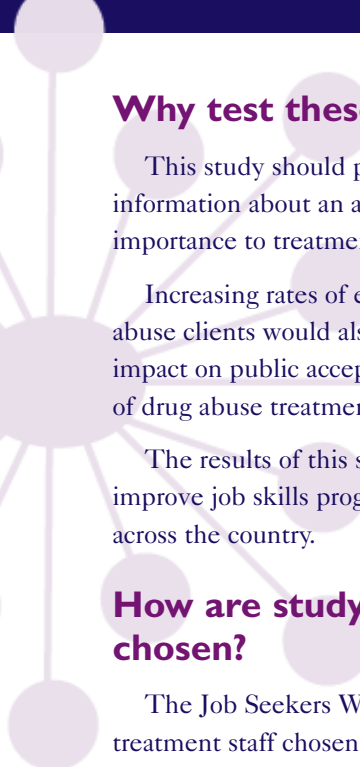


FOR  
CLINICIANS



**NIDA** NATIONAL INSTITUTE  
ON DRUG ABUSE

NATIONAL INSTITUTES OF HEALTH  
U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES



**U**nemployment is a chronic problem in drug addicted individuals. Several factors contribute to the problem: low motivation to work, insufficient skills to obtain a job, and lack of vocational skills necessary to qualify for available work. Basic training in the skills needed to get and keep a job have widespread applicability and if effective, are likely to be supported and adopted by community drug treatment providers.

The agency you work for has agreed to participate in a clinical trial to study approaches to help people in drug abuse treatment find employment. This pamphlet describes the treatments being studied and answers questions you might have about participating in this research.

## What interventions are going to be studied?

This research compares two interventions:

1. Standard treatment at the site, which is likely to include individual and/or group counseling as well as support services, such as parenting education and transportation.
2. Standard treatment plus three 4-hour Job Seekers' Workshops – held weekly (a fourth week will be used to schedule make-up sessions). The workshops are manual-driven, which means that the counselors will follow specific instructions in conducting the workshops.

All clients in participating sites will also receive a brochure of specific information about job placement and training programs in the area, including names, addresses and telephone numbers for service and resource providers. The study will evaluate acceptance of these strategies by the participants as well as their effectiveness in increasing rates of employment.

## Why test these interventions?

This study should provide extremely valuable information about an ancillary service that is of high importance to treatment providers and their clients.

Increasing rates of employment among drug abuse clients would also have a significant positive impact on public acceptance as well as cost-benefit of drug abuse treatment services.

The results of this study will be used to help improve job skills programs in drug abuse treatment across the country.

## How are study therapists chosen?

The Job Seekers Workshops will be offered by treatment staff chosen from among current therapists and case managers. Therapists will be interviewed before receiving any training. In addition, all therapists at the site will participate in subject recruitment.

## Why should I participate in this study?

There are many reasons to participate in a clinical trial. First, you could learn techniques and therapies that are not yet commonly used in community treatment settings, but that have been shown in previous studies to help people get and keep a job. These techniques will be helpful in your work with clients for many years to come—and will add to your skills as a therapist.

The training and supervision you receive may also help you with licensure, certification, or continuing education credits. If you are considering

returning to school, experience in a research trial can enhance your application.

Finally, as a therapist in the CTN, you are in a unique position to contribute your experience to research in drug abuse treatment. At the same time, you will be helping to transfer research-based treatments into clinical practice. This collaboration between research and practice is the cornerstone of the Clinical Trials Network.

## What can I expect as a study therapist?

Because the Clinical Trials Network aims to move research-based interventions into existing community treatment programs, your duties in the study should not interfere with your regular responsibilities.

Your primary duties will include:

- \* Referring patients to the study;
- \* Conducting Job Seekers Workshops; and
- \* Facilitating job workshop sessions.

