WILL I BE REIMBURSED?
Study participants will be reimbursed for their transportation and time.

IS THE STUDY CONFIDENTIAL?
Every effort will be made to keep your information private and confidential. A Certificate of Confidentiality, obtained from the U.S. Department of Health and Human Services for this study, protects identifiable research information from compelled disclosure.

Smoking Cessation and Stimulant Treatment Study (S-CAST)

National Institute on Drug Abuse
Clinical Trials Network
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SHOULD I JOIN?

Further information on the Clinical Trials Network can be accessed through the NIDA website at www.drugabuse.gov
WHAT IS THE S-CAST STUDY?
Each year, cigarette smoking accounts for an estimated 438,000 deaths and $92 billion in productivity losses in the United States. Research studies show that rates of smoking in cocaine and methamphetamine users are 3-4 times greater than in the general population.

Through the S-CAST study, the researchers hope to learn whether treating nicotine dependence at the same time as other stimulant dependence produces a beneficial effect. To date, this combined approach has not been tested.

Specifically, this study will compare the clinic’s treatment as usual (TAU) for stimulant dependence with a combination of treatment for stimulant dependence and smoking cessation (TAU-SCT) to discover the latter’s impact on:

• stimulant-use outcomes;
• outcomes for other drugs of abuse; and
• smoking outcomes.

WHO SHOULD APPLY?
You may be eligible for this study if you:

• are 18 or older;
• are participating in outpatient treatment for cocaine or methamphetamine use; and
• have a desire to quit smoking cigarettes.

HOW LONG IS THE STUDY?
The full study will take approximately 8 months. This includes a screening/baseline phase of up to 4 weeks, a 10-week treatment phase, and an 18-week follow-up phase.

SCREENING/BASELINE
• Multiple research visits
• Assessments of medical, smoking, substance use, mental health, and general history to determine eligibility to participate in the study

ACTIVE TREATMENT
• Become randomly assigned to receive either TAU or TAU-SCT
• Attend two study visits per week for 10 weeks for assessment for medical, smoking, and substance use status

FOLLOW UP
• One visit 6 weeks after the end of the active treatment phase
• One visit 18 weeks after the end of the active treatment phase

WHAT ARE THE TREATMENTS?

TREATMENT AS USUAL (TAU)
• Outpatient treatment at the clinic as it is usually provided for stimulant use problems
• No formal smoking cessation treatment

TAU + SMOKING CESSATION (TAU-SCT)
• Outpatient treatment at the clinic as it is usually provided for stimulant use problems
• Study medications for smoking cessation
• Weekly brief smoking cessation counseling sessions
• Chance to win prizes for not smoking