

**FOR IMMEDIATE RELEASE**  
Monday, December 9, 2019

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**\*\*\*NEWS ADVISORY\*\*\***

**National Institute on Drug Abuse to hold teleconference discussing  
key findings of 2019 Monitoring the Future Survey on teen drug use**

The National Institute on Drug Abuse (NIDA) will hold a teleconference on Wednesday, December 18, to discuss the results of the 2019 Monitoring the Future (MTF) survey. The survey, funded by NIDA and conducted by scientists at the University of Michigan, tracks annual drug use and attitudes among eighth, 10th, and 12th grade students. NIDA is part of the National Institutes of Health, within the U.S. Department of Health and Human Services (HHS).



MTF – the only comprehensive federal government-funded survey on teen drug use that releases findings the same year the data is collected – will include findings on substance use and attitudes about e-cigarettes and vaping, marijuana, opioids and other prescription medications, heroin, ecstasy, cocaine, synthetic cannabinoids (K2/Spice), alcohol, tobacco and other drugs.

MTF is 1 of 4 major survey instruments the HHS funds to monitor the nation’s substance use patterns among teens. Information from these surveys helps to provide strategic planning for prevention, treatment, and recovery support services for youth.

**WHAT:** Teleconference to discuss the 2019 Monitoring the Future Survey results, which will be officially released at 12:01 a.m. EST on December 18.

**WHEN:** **Wednesday, December 18, 2019 from 1:00 p.m. – 2:00 p.m. EST**

**WHERE:** To dial into the teleconference, call: 800-369-1822, Participant passcode: 7273168

**Materials for the teleconference will be posted online December 18 at**  
[www.drugabuse.gov/related-topics/trends-statistics/monitoring-future](http://www.drugabuse.gov/related-topics/trends-statistics/monitoring-future).

**WHO:** **Featured Speakers**

[Nora D. Volkow, M.D.](#)

Director, National Institute on Drug Abuse

[Richard A. Miech, Ph.D.](#), Principal Investigator, Monitoring the Future  
Institute for Social Research, University of Michigan

Follow Monitoring the Future 2019 news on Twitter at [@NIDANews](https://twitter.com/NIDANews) or join the conversation by using: [#MTF2019](https://twitter.com/MTF2019).

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The National Institute on Drug Abuse (NIDA) is a component of the National Institutes of Health, U.S. Department of Health and Human Services. NIDA supports most of the world's research on the health aspects of drug abuse and addiction. The Institute carries out a large variety of programs to inform policy and improve practice. Fact sheets on the health effects of drugs of abuse and information on NIDA research and other activities can be found at <http://www.drugabuse.gov>, which is now compatible with your smartphone, iPad or tablet. To order publications in English or Spanish, call NIDA's DrugPubs research dissemination center at 1-877-NIDA-NIH or 240-645-0228 (TDD) or email requests to [drugpubs@nida.nih.gov](mailto:drugpubs@nida.nih.gov). Online ordering is available at <http://drugpubs.drugabuse.gov>. NIDA's media guide can be found at <http://drugabuse.gov/mediaguide/>, and its easy-to-read website can be found at <http://www.easyread.drugabuse.gov>.

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