Monitoring the Future is an annual survey of 8th, 10th, and 12th graders conducted by researchers at the Institute for Social Research at the University of Michigan, Ann Arbor, under a grant from the National Institute on Drug Abuse, part of the National Institutes of Health. Since 1975, the survey has measured how teens report their drug, alcohol, and cigarette use and related attitudes in 12th graders nationwide; 8th and 10th graders were added to the survey in 1991.

42,531 STUDENTS FROM 396 PUBLIC AND PRIVATE SCHOOLS PARTICIPATED IN THE 2019 SURVEY.

TEEN VAPING MORE THAN DOUBLES IN PAST TWO YEARS*

To view more results on vaping visit:

PRESCRIPTION DRUG MISUSE CONTINUES DECLINE FROM PEAK YEARS

ADDERALL® MISUSE SEES SIGNIFICANT CHANGES IN PAST 5 YEARS

TO VIEW MORE RESULTS ON VAPING VISIT:

ALCOHOL USE CONTINUES ITS DECLINE

*Significant decline from 2018 (3.6%)
*Significant decline from 2018 (7.6%)

PAST YEAR ILLICIT DRUG USE

Past year use among 12th graders:

- Cocaine: 2.2%
- Heroin: 0.4%
- LSD: 3.6%
- MDMA: 0.4%
- Synthetic Cannabinoids: 0.6%
- Prescription stimulants: 1.3%
- Prescription tranquilizers: 3.1%
- Vicodin®: 2.5%
- OxyContin®: 3.9%

PAST YEAR ILLICIT DRUG USE

Past year use among 10th graders:

- Cocaine: 2.2%
- Heroin: 0.4%
- LSD: 3.6%
- MDMA: 0.4%
- Synthetic Cannabinoids: 0.6%
- Prescription stimulants: 1.9%
- Prescription tranquilizers: 2.3%
- Vicodin®: 1.3%
- OxyContin®: 2.4%

PAST YEAR ILLICIT DRUG USE

Past year use among 8th graders:

- Cocaine: 2.2%
- Heroin: 0.4%
- LSD: 3.6%
- MDMA: 0.4%
- Synthetic Cannabinoids: 0.6%
- Prescription stimulants: 0.8%
- Prescription tranquilizers: 1.3%
- Vicodin®: 1.2%
- OxyContin®: 1.1%

PAST YEAR ILLICIT DRUG USE:

- Past year use among 12th graders:
  - Cocaine: 2.2%
  - Heroin: 0.4%
  - LSD: 3.6%
  - MDMA: 0.4%
  - Synthetic Cannabinoids: 0.6%
  - Prescription stimulants: 1.3%
  - Prescription tranquilizers: 3.1%
  - Vicodin®: 2.5%
  - OxyContin®: 3.9%
  - Total: 35.7%
  - The trend shows a significant decline from 2018 (4.6%)

- Past year use among 10th graders:
  - Cocaine: 2.2%
  - Heroin: 0.4%
  - LSD: 3.6%
  - MDMA: 0.4%
  - Synthetic Cannabinoids: 0.6%
  - Prescription stimulants: 1.9%
  - Prescription tranquilizers: 2.3%
  - Vicodin®: 1.3%
  - OxyContin®: 2.4%
  - Total: 28.8%
  - The trend shows a significant decline from 2018 (7.6%)

- Past year use among 8th graders:
  - Cocaine: 2.2%
  - Heroin: 0.4%
  - LSD: 3.6%
  - MDMA: 0.4%
  - Synthetic Cannabinoids: 0.6%
  - Prescription stimulants: 0.8%
  - Prescription tranquilizers: 1.3%
  - Vicodin®: 1.2%
  - OxyContin®: 1.1%
  - Total: 11.8%
  - The trend shows a significant decline from 2018 (3.6%)

ALCOHOL USE CONTINUES ITS DECLINE

- Daily use among 12th graders:
  - 2017: 2%
  - 2018: 4%
  - 2019: 6%
- Daily use among 10th graders:
  - 2017: 4%
  - 2018: 8%
  - 2019: 6.4%
- Daily use among 8th graders:
  - 2017: 6%
  - 2018: 8%
  - 2019: 4.8%

BINGE DRINKING*

- Significant long-term decrease in all grades

CIGARETTE SMOKING (PAST MONTH)

- Significant long-term decrease in all grades

TO VIEW MORE RESULTS ON VAPING VISIT:

NICOTINE – DAILY USE

- Significant long-term decrease in all grades

TO VIEW MORE RESULTS ON VAPING VISIT:

*Significant decline from 2018 (3.6%)
*Significant decline from 2018 (7.6%)